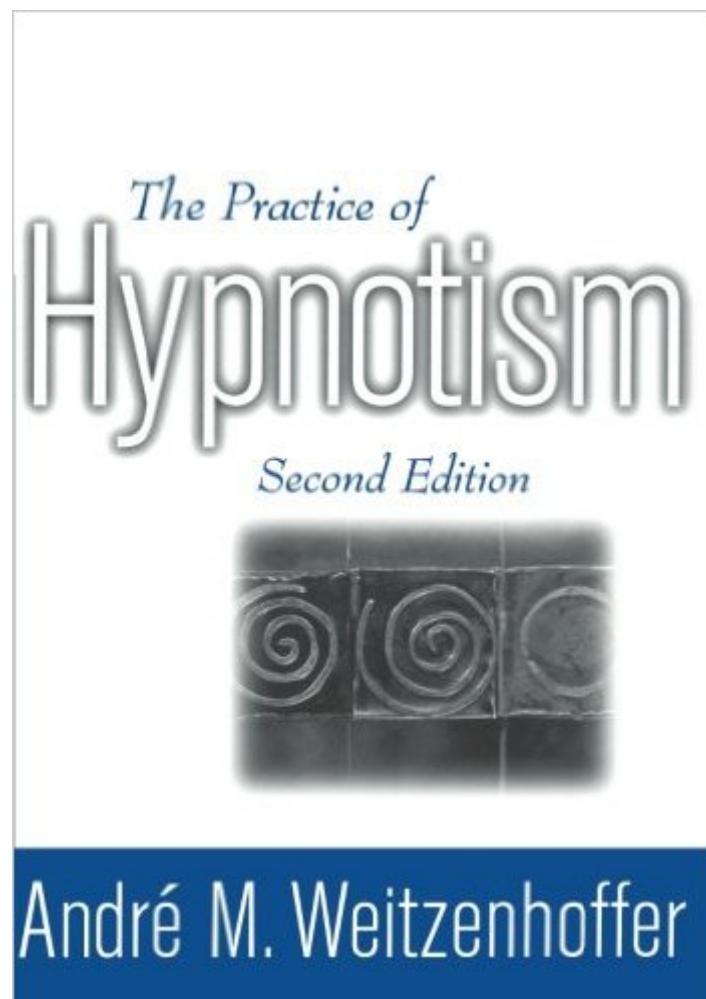


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# The Practice Of Hypnotism



## Synopsis

The field of hypnotism has greatly evolved in recent years. Since the publication of the successful award-winning first edition of this book, some 1,200 research and clinical articles on hypnotism have been published in American journals alone and a multitude of related books have been written. With so many important contributions in this field occurring in such a short time, there is great need for a resource that reflects the current thinking and incorporates the latest techniques. The Practice of Hypnotism, Second Edition is that resource, providing the most up-to-date information available on hypnotism and hypnotherapy. Written by Andre Weitzenhoffer, PhD, a leading expert in the field for over forty-five years, the book examines the past and present thinking about hypnotic phenomena in an objective fashion. It provides valuable background information, ideas for future research, and a wealth of detailed, practical instruction for the production of hypnotic phenomena and the treatment of a large variety of health-related problems. Like the first edition, this book aims to present hypnotism from a scientific perspective. It also includes the bases upon which the author and others in the field have made their judgments, enabling the reader to make independent determinations based on the most complete information. The Practice of Hypnotism has evolved from the original two-volume set to a single, comprehensive volume in two parts: Foundations of Suggestion and Hypnosis; Clinical Hypnotism and Other Applications. Each chapter presents basic material at a relatively elementary level, gradually moving into the more advanced material at a comfortable pace. This Second Edition features a wealth of new information that reflects the latest findings of research and clinical experience in using hypnotism, including: \* Complete rewrites of chapters on measurements relevant to and on the state of hypnosis \* New chapters on suggestion and suggestibility and the treatment of anxiety \* A revised chapter on self-hypnosis, including a detailed training procedure \* Expanded and reorganized material on the Ericksonian approachMajor revisions regarding the socio-cognitive and the cognitive-behavioral positions on hypnotic phenomena \* Suggestions for future research For the effective, safe, and well-informed practice of hypnotism, The Practice of Hypnotism, Second Edition is the definitive resource. It addresses the special interests and needs of practicing health care professionals, researchers, and other professionals; those new to hypnotism; and seasoned readers looking for accurate facts and a different scientific viewpoint on the subject. Like the first edition, this edition will also serve well as a textbook for self-study or to complement courses. A newly revised, thoroughly updated edition of the most complete resource on hypnotism and hypnotherapy. Designed to help researchers, health care providers, and other professionals safely and confidently produce and use hypnosis, The Practice of Hypnotism, Second Edition is filled with the most up-to-date information available on

hypnotism and its techniques. Offering the same comprehensive coverage as the very successful two-volume set of the first edition, it provides highly practical instruction on producing hypnotic effects and treating a wide variety of health and behavioral problems, and examines current thinking on these subjects. Written by a leading expert in the field, this book reports on the latest research findings and clinical experience, and includes many sections that have been extensively revised and expanded to cover recent developments.

## **Book Information**

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## **Customer Reviews**

This is a professional (but easily readable) monography. It is very comprehensive and can be used as both a textbook and a handbook. The author is a well-known expert on the subject and he conveys his knowledge to the reader. Among the many books available, this one is the likeliest to be "the only one you must have if you can afford only one".

I have been studying hypnotism for many years now. Saying that when I got this book I read it from front to back. It is a excellent resource for anyone practicing hypnotism. Warning though: If you like the idea of hypnotism as a fad don't buy this book. This book is for people who use it as a desk reference and source of knowledge to help further their skills in the field of hypnotism. If someone was going down the path of becoming a hypnotist as a professional then I would recommend this book to them first before any other.

The Practice of Hypnotism 2nd ed. by Andre M. Weitzenhoffer is both a scientific and clinical text. The author is indeed a master in both areas. He is well versed in most of the material in the field. It is a complete coverage of the field. It is an outstanding text.

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